EMBODIED COUNTERTRANSFERENCE

≠ somatic resonance ≠ somatic countertransference

dangers: objectifying embodiment; unaware of countertransference; overriding transference; neglect of projective identification → countertransference enactments

dangers: symbolisation without embodiment = neglecting or overriding spontaneous process with excessive reflection or verbalisation → energetic, somatic countertransference enactments

Process-oriented Psychology

Mindell: 'dreaming up'

Schwartz-Salant: subtle energy field

holistic body/mind revolution / neuroscience

Body Psychotherapy tradition

Lowen, Pierrakos, Keleman, Kurtz, Boadella, Boyesen

Analytical Psychology

Jung: transference - counter-transference as alchemical stages

vegetotherapy character analysis

Reich: 'functionalism' embodied transference; no countertransference

inter-subjectivity

relational psychoanalysis

Mitchell / Aron

object relations

Casement Cashdan

parallel process

Searles, Hawkins/Shohet

'countertransference revolution'

Racker, Heimann right through to today: countertransference = information

Winnicott: psyche indwelling in soma

early object relations

Klein: projective identification
Fairbairn: split ego

classical psychoanalysis (drive theory)

FREUD:

transference = 'royal road ' into unconscious
countertransference = analyst's pathology